

Ida Crown Jewish Academy Wrestling Information, 2025-26

Wrestling Team Information

All boys who are interested in Wrestling should start attending practices (schedule below). Every student joining the team **MUST** register and fill out the medical forms using the links below by **NOVEMBER 10TH**. These forms are mandatory for participation. Please email AD Adam Rich (arich@icja.org) or Coach Klein (jdouglasklein@yahoo.com) with any questions!

[ICJA Athletic Registration Form](#)

[IHSA Medical Form](#) (not needed if you submitted a new form for Fall '25)

Boys Wrestling

Cut/No-Cut Sport? No-cut sport

Level: Varsity (One Level)

Head Coach: Doug Klein

Assistant Coaches: Bill Porter & David Ferraro

Practice Days: Tuesdays, Thursdays, & Sundays

Tuesdays: 5 pm - 7 pm (Followed by Maariv)

Thursdays: 5:45 pm - 8 pm (Followed by Maariv)

Sundays: 7:30 am - 10 am (Starting with Shacharit)